

STMLC	Year Group 8
Subject	PSHCEE

Autumn Term 1	<p>Lesson 1: Being myself</p> <p>Objectives - To enable students to:</p> <ul style="list-style-type: none"> • Establish relationships with people they may not normally work with. • Experience working together on a task. • Have opportunities to express themselves with confidence. • Value and appreciate different tastes and opinions. • Practise negotiation skills <p>Day 1:</p> <ul style="list-style-type: none"> • Year Group Mass • Roles in the group and community • Suffragette – Gender Equality • Coaching skills – GROW •
Autumn Term 2	<p>Day 2: Young Enterprise –Small Business Challenge</p> <ul style="list-style-type: none"> • Discover the importance of key skills – business, work, life • Compete in a small business challenge • Work alongside volunteers – share experiences
Spring Term 3	<p>Lesson 2: Self-esteem and Confidence</p> <p>Objectives - To understand:</p> <ul style="list-style-type: none"> • What is self-esteem? • Why it is important? • Know how to build up self-esteem. <p>Day 3:</p> <ul style="list-style-type: none"> • TAFAL day (Teach a friend a language)
Spring Term 4	<p>Lesson 3: Social Relationships</p> <p>Objectives: To provide students with the opportunity to:</p> <ul style="list-style-type: none"> • Identify the qualities which are important within friendships. • Examine the types of behaviour which encourage friendship. • Reflect on their own friendship skills. • Identify problems they have experienced within friendships. • Draw on personal experience to explore ways of resolving conflicts within friendships.

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	<p>Day 4:</p> <ul style="list-style-type: none"> • Healthy Living • My Achievements • Personal Learning and Thinking Skills • Student Profiles • Holy Sacraments
Summer Term 5	<p>Lesson 4: Prevent - Human Rights</p> <p>Objectives: To find out what Human Rights are and why they are so important to all of us.</p> <ul style="list-style-type: none"> • To understand what is meant by Human Rights • To know why Human Rights are important • To produce ideas as to how we can promote Human Rights <p>Day 5:</p> <ul style="list-style-type: none"> • Money Sense Economic Education • CEOP – Online Safety • BTBYCB - Using the mind effectively • Careers: Introduction to 'start'
Summer Term 6	<p>Lesson 5: Body Confidence</p> <p>Objectives: To understand:</p> <ul style="list-style-type: none"> • What body shaming is • How to be confident about your appearance <p>Day 6:</p> <ul style="list-style-type: none"> • St. Thomas More Day

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