

STMLC

Year Group 11

Subject PSHCEE

Autumn Term 1	<p>Lesson 1: Summing up my achievements</p> <p>Objectives - To provide students with the opportunity:</p> <ul style="list-style-type: none">• Reflect on and identify achievements in and out of school.• To draft, write and edit a personal statement.• To raise confidence. <p>Day 1:</p> <ul style="list-style-type: none">• Sixth Form Presentations: St Charles, St Michaels and SFX• Interview Skills• 'Start' – What are Employability Skills?
Autumn Term 2	<p>Day 2:</p> <ul style="list-style-type: none">• Learning Performance – Strategies for Success• Study skills workshops• Coping with pressure• To explore different ways of reducing stress
Spring Term 3	<p>Lesson 2: Prevent: British Values and Democracy</p> <p>Objective:</p> <ul style="list-style-type: none">• Understand what democracy is and how this works within society. <p>Day 3:</p> <ul style="list-style-type: none">• Year Group Mass• Revision – the Do's and Don'ts• Coping with Exam Stress & Anxiety• Revision Techniques• 'Coaching' - Articulating the self
Spring Term 4	<p>Lesson 3: A Guide To Exam Stress</p> <p>Day 4:</p> <ul style="list-style-type: none">• Young Enterprise – Employability Masterclass• Interview Skills• Celebration of Reconciliation
Summer Term 5	<p>Lesson 4: Exploring My Future</p> <p>Objective: The aim of this activity is to guide students on how to personalise their My Profile page on Start to be able to explore careers more effectively</p> <ul style="list-style-type: none">• Know how to personalise their My Profile page• Know how to review suggested jobs that are presented to them• Be more confident in using the Start• Have a greater understanding of jobs that match their interests <p>Day 5:</p> <ul style="list-style-type: none">• Option Subjects – Revision Day

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Summer Term 6	<p>Lesson 5: And now for the rest of your life</p> <p>Objectives - To provide students with the opportunity:</p> <ul style="list-style-type: none"> • To reflect on aspects of their personal and social development programme which have been important to them. • To choose which concerns they still need to follow up in the remaining weeks of year 11. • To organise themselves into effective learning groups. <p>GCSE Examinations</p>
Home learning	
One thing to do	
How technology can support you	
By the end of KS4 you will be able to	

Serving God, striving for excellence

